

COGNITIVE

- Difficulties in sharing imaginative play
 - Unusual rituals of routine
 - Rigid thinking
- Executive functioning difficulties
 - Delayed language
- Difficulties with understanding behaviours linked to theory of mind
- Neuro relationship between ADD, OCD, ADHD, dyslexia and similar disorders

SOCIAL AND COMMUNICATION

- Delayed language
- Difficulty with social cues
- Difficulties imitating social behaviour
 - Unusual language
- Difficulty understanding others
- Difficulty with conversations
- Talking about an interest a lot
- Difficulty showing an interest in what other people like

SENSORY

- Sensory sensitivities
- Unusual pain responses
- Toe walking

EMOTIONAL

- Upset by routine changes
- Anxiety about mistakes

PHYSICAL

- Reduced eye contact
- Repetitive motor movements
 - Toe walking
- Challenges with motor skills
- Challenges with coordination
 - Food intolerances
- Internal chemical and nutritional imbalances and deficiencies
- Compromised immune system



Some of the
characteristics of
autism